

Annual
MILDRED RHOADES



DIABETES PREVENTION WALK

TO RSVP:

Call Community Health
530-226-1732

*Walk to honor
Mildred Rhoades,
remember those
who have passed
with diabetes,
and support
those living with
diabetes.*

**FRIDAY
MAY 9**

11am - 1pm

Redding Rancheria
Tribal Community Center

REGISTRATION IS FREE AND
INCLUDES A CATERED LUNCH

Opening Ceremony
Short walk: .5 miles
Long walk: 2 miles
Lunch w/Guest speaker