



PRESS RELEASE

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A New Dawn in Healing: Groundbreaking Ceremony for 185,000 Sq. Ft. Health & Wellness Campus

March 17 marks a historic moment as Redding Rancheria breaks ground on a revolutionary 185,000-square-foot Health & Wellness Campus. It is an innovative space where the sacred knowledge of our ancestors meets cutting-edge science and state-of-the-art technology.

This campus will serve as a beacon of wellness, blending Indigenous knowledge with contemporary research to provide a holistic approach to health—one that nurtures the whole person rather than merely treating symptoms.

“In our communities, healing has always been sacred,” said Glen Hayward, Executive Director. “This campus is a testament to the strength and resilience of our people. We are not just building a medical center—we are reclaiming a way of life.”

Tracy Edwards, CEO, says, “This project has been in the Tribe’s strategic plan for thirty years. We are thankful for all the people who made this happen, including many who are no longer with us.”

The Health & Wellness Campus will feature:

- Traditional Healing Spaces – Honoring the power of ceremonies, plant medicines, and Indigenous healing modalities.
- Preventive & Integrative Care – Focused on lifestyle medicine, nutrition, and disease prevention strategies that align with ancestral wisdom.
- Advanced Medical Technology – Bringing state-of-the-art diagnostics and treatment to complement traditional approaches.

The groundbreaking ceremony is not just about turning soil—it is about turning the tide on healthcare disparities, about reclaiming our birthright of wellness, and about forging a future where our children and grandchildren will once again know the strength of a people who thrived through connection, balance, and respect for the natural world.