



Ki-Het-Ti-Na-Tay 🏞️ 🏠 🏡 Sounds in the wind

Redding Rancheria News

February 2024

REDDING RANCHERIA AND ITS ENTITIES DEVOUR CRUSTACEANS IN THE NAME OF CHARITY

REDDING RANCHERIA



Chairman Jack Potter Jr. and Family

On the fateful night of February 3, 2024, the Shasta County Fairgrounds experienced a shell-shaking takeover like never before – the invasion of the crustaceous kind! It wasn't a sea monster or an alien invasion; it was the annual Crab Feed, orchestrated by the masterminds at One Safe Place.

Picture this: the fairgrounds transformed into a sea of claws and pincers, as crabs took center stage in the name of charity. The Redding Rancheria and its

entities joined forces, embracing their inner

seafood enthusiasts to devour mountains of shelled delicacies. It was a crustacean carnival, a pinch-worthy party for a good cause! The atmosphere was shell shockingly electric, as crackling sounds of shells being broken echoed through the fairgrounds. Attendees were armed with nutcrackers, bibs, and a determination to unleash their inner crustacean conqueror. The Redding Rancheria, with their legendary crab-cracking prowess, led the charge in this epic battle of bibs versus claws.

HESTUM

Help others Empower for solutions Serve with a smile Treat with respect Understand diversity Meet customer needs

CRAB FEED CONTINUED.

REDDING RANCHERIA

There's a purpose behind this crustaceous chaos! The Crab Feed wasn't just a seafood spectacle; it was a charity extravaganza to raise vital funds for One Safe Place and the Children's Legacy Center. Every succulent bite contributed to making the community safer and supporting children in need. As the night unfolded, laughter filled the air, mingling with the savory aroma of buttery crab goodness. The Redding Rancheria, clad in bibs like crustacean warriors, reveled in the joy of feasting for a cause. It was a culinary conquest where the real winners were the ones benefiting from the funds raised – the community and its children.



GM Don Hayward and family

So, the next time you hear about an army of crustaceans storming a fairground, fear not! It's likely just another Crab Feed, where crabs are cracked, bibs are donned, and funds are raised for a noble cause. The Redding Rancheria and the community proudly embrace their love for seafood and their commitment to making a difference, one crab claw at a time.

One Safe Place and their mission!

One Safe Place strives to end the cycle of violence and trauma through crisis intervention and community education.

For more info visit their website at www.ospshasta.org



CEO Tracy Edwards & Councilperson Patty Spaulding and family

Congratulations to our Guiding Values Winners



Christine Boring
Serving Others



Clayton Romo
Working Together



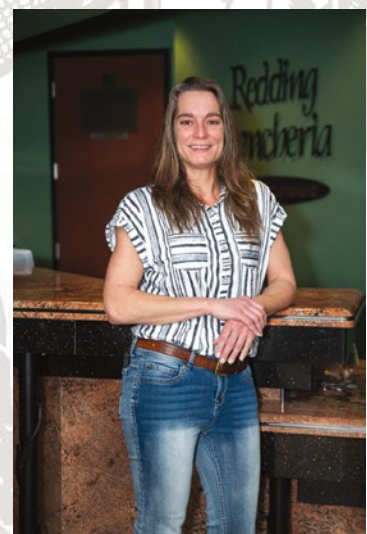
Coleen Wilkes
Embracing Change



Josh Manutai
Respecting Differences



Shannon Cohen
Balancing Life



Tianna Lendt
Serving Others

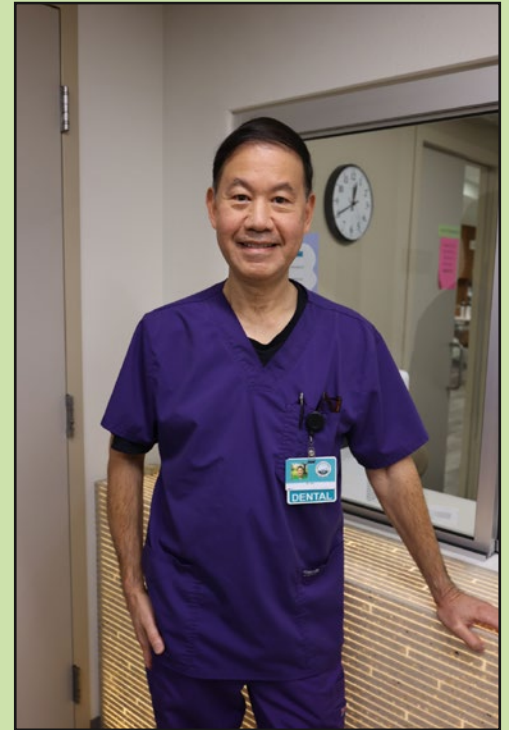
TRANSFORMING SMILES, TRANSFORMING LIVES: FREE ORTHODONTICS PROGRAM

REDDING RANCHERIA TRIBAL HEALTH CAMPUS

REDDING RANCHERIA PRESS RELEASE: Transforming Smiles, Transforming Lives: Redding Rancheria Tribal Health Center Celebrates Free Orthodontics Program

The orthodontics program at Redding Rancheria Tribal Health Center (RRTHC) was the brainchild of the Dental Director, Dr. Todd Gandy, says Dr. Gregory Yim—a retired private practice orthodontist who now works with the Redding Rancheria team at RRTHC. Dr. Yim and Dr. Gandy had known each other for some time while they were in private practice. Dr. Yim has been in orthodontics for 37 years—most of which was in the Redding area.

When Dr. Gandy began working for Redding Rancheria Tribal Health in 2011, he and Dr. Yim kept in touch and continually talked about how great it would be to start an orthodontics program at RRTHC. The timing was finally right when RRTHC expanded to the clinic now on Liberty Street in downtown Redding—the building provided enough space to make orthodontics happen.



Orthodontist Dr. Yim

In 2017 the orthodontic program launched, which is when Dr. Yim starting working at the clinic on Liberty Street once a week in the dental wing to provide orthodontic treatment to patients. The exciting part about the orthodontics program at RRTHC is that there is no cost at all to the patients. Braces here are completely free. This is astonishing for so many families considering the typical cost of braces in private practice can range from \$5000 to \$6000. Many of the patients that go through this program would not be able to afford orthodontic treatment otherwise. In addition, these braces can help them not only with their health, but with their confidence.

They age range of patients is 10 years old to 18 years. Patients are usually seen at roughly seven-week intervals. The timeline for these patients having braces is on average from one to three years depending on their needs.

In this orthodontics program, Dr. Yim is proud of the successes they have had with some of the more challenging cases. He also enjoys working with the staff at RRTHC and says, "Dr. Todd Gandy and the rest of the dental staff have been wonderful to work with. They have welcomed me, they are very professional, and I have a wonderful relationship with all of the dental professionals here. It is a first class organization."

FREE ORTHODONTICS PROGRAM CONT.

REDDING RANCHERIA HEAD START & CHILD CARE



Orthodontics patient Savannah Brown

Savannah Brown, a 21-year-old from the Pit River Tribe recently completed her orthodontic treatment with RRTHC and says she would not have been able to get braces if not for this free program. Her mother called all around town and she was ecstatic when she finally heard she qualified for this free program. Brown says the staff was attentive, listened to all of her concerns, and was thorough in answering questions which eased her nervousness for getting braces.

Brown says she and her family had known since she was very young that she would need braces based off how her teeth were developing. She was not able to qualify for braces through her insurance because it was considered "cosmetic" even though she had gotten to the point of having some serious dental issues because of her bite.

Thankfully, with her braces, her issues were fixed and she was more than satisfied with the experience and outcome of getting braces at RRTHC.

At the end of 2023, RRTHC had completed treatment for 117 patients, had 58 active patients and was in the process of getting 15 more patients into the free orthodontics treatment program. To qualify for the orthodontics program, patients must be between the ages of 10 and 18 with all adult dentition. Additionally, native patients with Medi-Cal must meet Medi-Cal guidelines, while those with insurance, no insurance, or PRC must adhere to PRC requirements. If you're interested in seeing if you qualify, please contact the dental department at RRTHC!

DIETITIAN VISITS HEAD START

REDDING RANCHERIA HEAD START & CHILD CARE

On Monday 5, 2024 registered dietitian Ms. Andrea, and Ms. Sarah, both from the RRTHC Community Health Department, came for our health & nutrition activity at the Head Start & Child Care center. Once a month they visit the center and provide our students with activities focusing on nutrition, physical activity, and how to stay healthy.

For this lesson, the students were able to make their own healthy lunch. They used foods from the vegetable, grain, protein, and dairy groups to make a silly faced pita. Adding fresh strawberries and a glass of milk, their lunch was complete.

LEADERSHIP REDDING VISITS THE REDDING RANCHERIA TRIBAL HEALTH SYSTEM

REDDING RANCHERIA TRIBAL HEALTH SYSTEM

The Redding Rancheria Tribal Health System stands as a beacon of wellness, extending a warm welcome to the esteemed Leadership Redding Class during their recent visit. Executive Director of Health Services, Glen Hayward, shared that at the heart of the Tribe's commitment is the understanding that health is the true wealth of the community, and this belief resonates through the comprehensive array of services provided by the Health System.

As guardians of well-being, the Redding Rancheria Tribal Health System offers an extensive range of healthcare services, ensuring that every facet of a patient's health is attended to with utmost care. Among the diverse services provided are family medicine, dentistry, behavioral health, psychiatry, substance abuse counseling, a fully equipped in-house pharmacy, obstetrics, cardiology, diabetes specialty care, laboratory services, urgent care, physical therapy, and a host of other specialized medical services.

The commitment to holistic health is evident in the Tribe's approach, addressing not only physical health but also mental and emotional well-being. Services like behavioral health, psychiatry, and substance abuse counseling reflect a comprehensive dedication to the overall health of patients and their households.

During the Leadership Redding Class's visit, the Tribe had the opportunity to showcase its vision for the future by sharing an updated video detailing the new clinic project on Clear Creek. This project represents a tangible investment in the community's health, showcasing the Tribe's dedication to evolving and expanding healthcare services to meet the growing needs of the community.



Executive Director of Health Services, Glen Hayward

LEADERSHIP REDDING VISITS THE REDDING RANCHERIA TRIBAL HEALTH SYSTEM CONT.

REDDING RANCHERIA TRIBAL HEALTH SYSTEM



Leadership Redding Class of 2024

In essence, the Redding Rancheria Tribal Health System goes beyond being a healthcare provider; it is a cornerstone of community prosperity. By investing time and effort in ensuring the well-being of their people, the Tribe underscores the understanding that a healthy community is a thriving community. The Health System stands as a testament to the Tribe's commitment to fostering a prosperous future where the true wealth lies in the health and vitality of its people.



Grandparents Raising Grandchildren

or nieces and nephews

**FREE EVENT
& LUNCH**

**MARCH 13TH
11 AM - 12 PM**



*at the Redding Rancheria Health Clinic (Lassen Room)
1441 Liberty Street, Redding*



Learn about free
supplies and resources
available to you and
hear a grandparent
share helpful tips and
lessons learned.



Call to Register.
Offered by the Redding Rancheria
Native American Family
Caregiver Program
530-242-4594



Redding Rancheria Head Start & Child Care

NOW ACCEPTING APPLICATIONS FOR 2024-2025!

Our program offers full day & half day classes
for 3-5 year old Native American children.

Your child may be eligible if you are:

- Low-income.
- Receiving public assistance (SNAP, SSI, TANF).
- A single or dual-working household (min. of 25 hours per week).
- A full-time College Student.
- Homeless.
- A Foster parent to the child.
- Currently receiving or being assessed for IEP/IFSP services.



VISIT REDDINGRANCHERIA-NSN.GOV/HEAD-START-AND-CHILD-CARE/
TO COMPLETE OUR PRE-APP **OR** CALL (530) 225-8925

NCAI, WASHINGTON DC VISIT

REDDING RANCHERIA TRIBAL

Councilmembers Jack Potter Jr, Patty Spaulding, and Miranda Edwards Favorite and executives CEO Tracy Edwards and COO Stacey Carman attended NCAI in Washington DC this month. The National Congress of American Indians (NCAI) is the oldest and largest American Indian and Alaska Native organization in the United States. Founded in 1944, NCAI advocates on behalf of tribal governments and communities on a wide range of issues, including sovereignty, treaty rights, healthcare, education, economic development, and environmental protection. NCAI serves as a forum for tribal leaders to come together, share information, and collaborate on strategies to address the needs and concerns of Native peoples. It also works to educate the public and policymakers about the history, culture, and contemporary issues facing Indigenous communities.



President Maccaro of NCAI



Redding Rancheria with President Maccaro

EMPLOYEE OF THE MONTH



Deborah Vierra
As the
February 2024
Employee of the Month!

Please help us in applauding Deborah Vierra for receiving Employee of the month for February 2024! Deborah received this award for the following reasons. Deborah consistently demonstrates a positive outlook, uplifting the team with her optimistic attitude and approach to challenges. She actively seeks out opportunities to learn and grow, showing a strong dedication to personal and professional development. Deborah goes above and beyond, by proactively assisting and supporting other employees, offering help without hesitation and consistently exceeding expectations in their willingness to serve others. Thank you for your continued dedication and superb work! Congratulations on your hard earned recognition. We appreciate you!

**Congratulations
Deborah!!!**





PR SRT STD
U.S. POSTAGE
PAID
Redding, CA
Permit #190

Connect with us @



www.reddingrancheria-nsn.gov

ATTENTION BUSINESS OWNERS



DEAR REDDING RANCHERIA TRIBAL MEMBER

Many of you own your own business and know that advertising is very important. We are dedicating a page just for you to advertise. Send in your business card for us to feature you in our monthly newsletter. This will help all readers know that your business is important to us and help you gain more customers.

**Contact Maria Orozco at 530-242-4516
or at Maria.Orozco@reddingrancheria-nsn.gov**