



REDDING RANCHERIA HEAD START & CHILD CARE



2022-2023

ANNUAL REPORT

**You may access the annual report at www.reddingrancheria-nsn.gov*

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OPENING MESSAGE

Dear Community Members,

The 22/23 school year brought many challenges but also many great successes. Unlike recent years COVID-19 did not cause any closures however heavy snowfall forced multiple center closures in the month of February. Luckily, staff were prepared for these challenges by utilizing distance-learning models. Distance learning allowed teachers to connect with students through zoom and offer fun lessons and activities to do in the snow with their families. Homework packets were made available to help parents keep students entertained during the days they were snowed in. Staff turnover was another challenge the center faced this year with at least one position being vacant all year. The existing staff rose to the occasion by covering teachers when necessary and working together to ensure our students had a positive learning experience.

One of our great successes this year has been the implementation of the Child Care Certificate Program. This program is funded through the Tribal Child Care Association of California (TCCAC) and has allowed us to subsidize childcare for Native American children ages 6 weeks to 12 years old. The Child Care Certificate Program has been a welcomed addition to our program with continued growth and new enrollments every month.



As we continue to move forward together, we will continue to celebrate our successes and work on our needs as we help to inspire our staff, students and families to have growth in all situations. Our focus this year has been to our native traditions and culture, and our commitment to the well-being of children, families, staff, and our community while supporting Kindergarten Readiness Goals.

Hannah Hughes -

Program Manager

Redding Rancheria Head Start & Child Care



Mission Statement



The Redding Rancheria Head Start and Child Care provides a safe, developmentally appropriate, nurturing environment for children that promotes social, emotional, cognitive and physical growth, as well as a positive self-image, a love of learning, and a pride for their native culture.



Vision Statement



To prepare children for kindergarten who are resilient, happy, culture enriched and eager to learn.



PROGRAM DESCRIPTION

The Redding Rancheria's Head Start and Child Care center has been in operation since 1995. Both the Head Start and Child Care programs are federally funded through the Office of Head Start and the Office of Child Care respectively. The program serves thirty-four (34) children in two Head Start classrooms. Seventeen (17) full time children attend the CCDF Child Care classroom on a sliding scale fee basis for low to moderate-income, working parents. These two grants funded programs complement each other and enable the Redding Rancheria to serve native families in our community. Both the Head Start and Child Care emphasize Native American culture, traditional values and prepare children for success in school by developing personalized school readiness goals.

As a result of planning, support services and collaboration from our stakeholders and federal partners, ongoing monitoring, and professional development, our programs achieve full compliance in the following areas:

- Child Development and Education
- Inclusion and Mental Health
- Parent, Family and Community Engagement
- Environmental Health and Safety
- Health and Nutrition
- Program Governance
- Program Management
- ERSEA (eligibility, recruitment, selection, enrollment, attendance)



HIGHLIGHTS

- 100% of children served were Native American.
- Head Start- 32 children and 38 families were served.
- Head Start Vacancy- 2 Spots (We were unable to fill the spots with income eligible students)
- Child Care- 17 children and 26 families were served.
- Child Care Certificate Program- 37 children and families were served.
- The year-end wait list was 78 children.
- The attendance percentage for Head Start Center based learning was 71%.
- The attendance percentage for Child Care center based learning was 72%.
- FY 2022 had parent and community volunteer hours valued at \$11,447.
- Every child received one new book per month as part of our Bookworm Club Literacy Program as well as a book on their birthday signed by all the staff.
- Teachers continue in CLASS Professional Development as well as continued education at Shasta College.



PROGRAM GOALS

Fall 2022-Spring 2023

LONG RANGE GOAL: Meet and exceed the Head Start Performance Standard of 85% monthly attendance to positively impact family awareness, behavior and school readiness.

OBJECTIVES:

1. ERSEA Staff will incentivize attendance by creating monthly attendance awards and educate parents on how attendance impacts school readiness.

PROGRESS: At the beginning of the year, a parent meeting is hosted with all of our teachers, where we discuss developmental milestones and school readiness tips. This includes education on the importance of attendance and establishing a consistent routine with every child. Every month we provide families with a blank copy of our school calendar, along with stickers to match! Kids can add stickers to their calendar for each day they go to school, and at the end of the month they can turn their calendars in for a small prize. The class with the highest average attendance each month gets a class party with a special treat! At the end of the year, attendance awards are given to a student in each classroom. Their family is also given a small prize to show our appreciation for their effort!

2. Gas cards will be given to families' when needed, especially during times when the bus is not in operation or we have family participation events.

PROGRESS: While we know with the rise in gas prices may cause families to struggle in providing transportation to school or events gas cards has helped ease the financial burden on those in need. When the bus is not in operation we have seen families transporting their children to school who otherwise may have missed the day. We provide those families with gas cards in exchange and have seen attendance boost because of it. Gas cards have also helped families participate in school activities we are seeing a rise in parent participation to Parent Connection Meetings, IEP's and event days on and off campus.

LONG RANGE GOAL: Expose and educate our children, families and staff in Native American traditions to improve cultural enrichment that will last a lifetime.

OBJECTIVES:

1. Invite Tribal elders to participate in events, read to the children and share their culture and Native language.

PROGRESS: The Program Manager invites the Tribal Council to events on campus like Stick Horse Rodeo, all holiday activities, and Little Big Time. The Program Manager has also invited Redding Rancheria community members to participate in reading week and family culture and career week.

2. A section on Native American Culture will be added to the teachers weekly lesson plans.

PROGRESS: The students began doing Wintu words and learning words in their native languages. They also began singing songs from the Wintu Tribe.



LONG RANGE GOAL: Prioritize nutrition and create a “center of wellness” to encourage healthy eating and activity patterns of children, families, and staff for the purpose of improving life outcomes.

OBJECTIVES:

1. Secure a new food vendor or work with the current one to create healthier meals that are more balanced and snacks for children.

PROGRESS: We have begun moving forward with our food program which will provide healthy meals for students. Our food service worker has begun cooking healthy meals for our students every Friday in preparation for the upcoming school year.

2. Continue to build on our children’s garden which can be used for a variety of lessons and healthy cooking activities.

PROGRESS: During construction we will have to remove our garden. Because of this we decided not to plant in our garden this year. Instead we planted vegetables for the kids to take home with their parents during our Week of the Young Child.

2022/2023 REVIEWS & INSPECTIONS

IHS Facility Inspection-

The IHS (Indian Health Services) Environmental Health and Safety Assessment was conducted at the Redding Rancheria Head Start & Child Care by Rinnah Wyatt on September 8, 2022. The facility was found to be well-operated.

Based on survey findings, the program was compliant with health and safety requirements, and has a detailed Safety Plan in response to Covid-19. A few recommendations were made:

1. Add internal thermometers to hot hold equipment to ensure proper temperature is reached. Hot hold should only be used to keep food hot once the food has been reheated.
2. Order chlorine test strips for dishwasher. Chlorine sanitizer could not be detected with a test strip after the dishwasher completed a cycle. Maintenance was called to check the lines. Staff was advised to use 3 compartment sinks for washing/rinsing/sanitizing until problem was corrected.
3. Emergency lighting was not available in classroom 1 and 2. The safety officer corrected the issue on site.

CLASS Review- This year the Redding Rancheria was part of a piolet program which allowed us to complete a self-review. The self-review gave teachers and students the ability to feel comfortable with a familiar face in the classroom during the review. Cassi Lawson-Pigott, the mentor teacher at the Redding Rancheria Head Start and Childcare, did the CLASS review of both Head Start classrooms in March of 2023. Cassi has been working for the Redding Rancheria Head Start for 18 years and has been the mentor teacher for the last 7 years. Cassi reported high quality education and care at our program from a caring staff in a high-quality educational environment.

The CLASS Assessment measures the teaching staff's quality of language and positive adult-child interactions in each classroom. Cassi observed that in each classroom the children were happy, with no extreme challenging behaviors. She also observed that staff and

students were smiling, laughing and learning, engaged in an environment that can only enhance a child's preschool experience and intrinsic sense of self. We are so proud of our teaching staff and the outcome of the CLASS Review.

GOVERNING BODIES

PARENT COMMITTEE:

Our parent Committee is called “Parent Connection” and is offered a minimum of once a month and all parents are welcome to attend.

TRIBAL COUNCIL:

Chairperson: Jack Potter Jr.

Vice Chairman: Michelle Hayward

Secretary: Patty Spaulding

Treasurer: Hope Wilkes

Council Member: Jason Hayward Jr.

Council Member: Tony Hayward Sr.

Council Member: Laine Hayward

1st Alternate: Jason Hayward Sr.

2nd Alternate: Nicole Wilkes

3rd Alternate: Miranda Edwards

POLICY COUNCIL:

Chair Person: Sue Alexander

Vice Chairperson: Amy Brown

Secretary/Treasury: Aaron Gallegos

Parent Representative: Taylor Hayward

Parent Representative: Samantha Henderson

Parent Representative: Sarita Sanchez-Scoma

Community Representative: Miranda Edwards

Community Representative: Jessica Dennis

Community Representative: Jonnalynn Denny

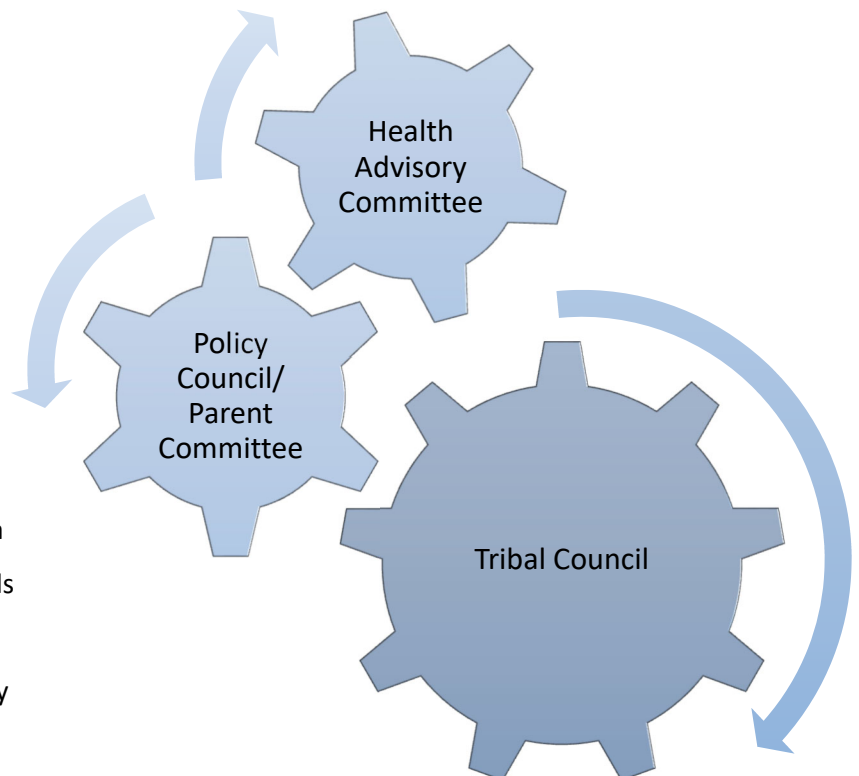
Community Representative: Bre’Ann Diaz

Tribal Council Liaison: Tony Hayward Jr.

RR Education Director: Nicole Wilkes

HS & CC Program Manager: Hannah Hughes

HS Teacher Representative: Cassi Lawson-Pigott



HEALTH ADVISORY COMMITTEE:

Glen Hayward: RRTHC - Executive Director of Health Services

Dr. Paul Davis: RRTHC - Medical Director & HAC Chairperson

Dr. Todd Gandy, DDS: RRTHC- Dental Director

Cory Ryan: RRTHC- Community Health Director

Miranda Peterson: RRTHC - Medical

Patti Blair: RRTHC - Admission & Telemedicine Director

Kara Russell, LCSW: RRTHC - Behavioral Health Director

Vicki Iwanski: RRTHC - Medical Administrative Assistant

Amy Pendergast & Deandra Williams: Shasta County Public Health

Rinnah Wyatt: Indian Health Services

Arizabeth Escobar: Head Start Parent Representative

Cassi Lawson-Pigott: RR Head Start Health & Disabilities Coordinator

Hannah Hughes: RR Head Start & Child Care Program Manager

Angie Carter-Streiff: RR Head Start Family Intake Coordinator

STAFF

Education Director: **Nicole Wilkes**

Program Manager: **Hannah Hughes**

Administrative Assistant: **Kianna Benner**

Family Intake Coordinator: **Angie Carter-Streiff**

Health & Disabilities Coordinator & Mentor Teacher: **Cassi Lawson-Pigott**

Head Start Teachers: **Gabriella Ward & Elizabeth Gomez**

Head Start Teacher Assistants: **Julie Bothwell & Priscilla Potter**

Child Care Teacher: **Vacant**

Child Care Teacher Assistants: **Brandy Gemmill & Taylor Burris**

Food Service: **Tammie Powell** (Also PM
Child Care T.A.)

Family Child Care Coordinator: **Marissa
Phelan**

Bus Driver: **Willie Reeves**

Bus Monitor: **Sara Hayward**



FINANCIAL OVERVIEW

Budgeted and actual expenditures for the Redding Rancheria Head Start program for FY 2022.

Revenue & Expenditures 2022	Actual Expenditures 2022	Budgetary Revenue 2022
HHS- Office of Head Start	\$501,046	\$501,046
CACFP School Lunch Reimbursements	23,257.18	\$19,000
Miscellaneous Income	\$950	\$0
<u>Total Revenue</u>	\$525,253.18	\$520,049

In-Kind Budget Expenditures 2022

Expenses provided on behalf of Redding Rancheria Head Start	Actual 2022	Budget 2022
Custodian, maintenance, safety/Fringe	\$27,566	\$28,000
Child consultants, therapists/fringe	\$7,322	\$13,359
Volunteer services/fringe	\$5,793	\$15,414
IT hours/fringe	\$2,033	\$5,250
Surveillance hours/fringe	\$7,207	\$9,000
Phone system and maintenance	\$3,147	\$3,616
Custodial supplies	\$2,200	\$4,557
Tribal indirect expense/in-kind	\$44,868	\$37,666
Total In-Kind	\$100,136	\$125,262
Total Revenue + In-kind expenses	\$625,389.18	\$626,308
Total Administrative Costs	\$60,678	13.36%

HEAD START BUDGET NARRATIVE 2022

This budget supports:

1part time Program Manager
1full time Teacher Mentor
1part time Health and Disability Coordinator
1part time Family Intake Coordinator
1part time Administrative Assistant/ ERSEA
2 full time Teachers
2 full time Teacher Assistants
1part time Food Service Worker
1part time Bus Driver/Transportation Personnel
1part time Bus Monitor
Vended meals breakfast, lunch, snack
Transportation via contracted school bus to/from area bus stops
Staff professional development/degree and certifications
Parent Training and travel to participate in regional workshops and training

Additionally, the Redding Rancheria Head Start program budget relies on in-kind support from the Redding Rancheria Tribe and the Redding Rancheria Tribal Health Center to provide the following essential services free of charge:

- Facility rent and maintenance; nightly custodial services and supplies
- Children's health services including: child screening and testing, behavioral health services, nutritional services, and dental services.

Lastly, the Redding Rancheria Head Start program relies on parent and community volunteer services, especially to support the Policy Council and the Health Advisory Committee.



ENROLLMENT

Families interested in the Head Start program must qualify by meeting locally designed requirements. This free program serves federally recognized, Native American children between the ages of three and five years old. We reserve a minimum of 10% of our enrollment spots for children with disabilities. In general eligibility is based on family income at or below the poverty level. Families with other situations including homelessness, children in foster care, receiving temporary assistance are also eligible. 49% of enrolled spots are reserved for Redding Rancheria Tribal Member spots as over-income. In April of 2023 families who are receiving SNAP (CalFresh) qualify for the Head Start program under Public Assistance. Our Child Care Program serves Native American Children from income eligible, working families with locally designed requirements as well as parents who are full time students. This program has a share of cost. Eligible native children ages 0-12 years in our service area, per the 2022 Child Count = 1,628

- 100% of children served are Native American.
- Head Start- 32 children and 38 families were served.
- Child Care- 17 children and 26 families were served.
- 28% of Head Start center based kids achieved a 22/23 year-end attendance more than 85%. Family support was offered for families who were below 85% attendance.
- 15% of families enrolled were income eligible.
- 41% of families enrolled were over income, which is allotted for AI/AN programs.
- 9% of families enrolled were foster children.
- 6% of families enrolled were homeless.
- 29% of Child Care kids achieved a 22/23 year-end attendance greater than 85%. Family support was offered for families who were below 85% attendance.
- 77% of families enrolled were income eligible.
- 12% of families enrolled were over income, which is allotted for AI/AN programs.
- 12% of families enrolled were foster children.
- 0% of families enrolled were homeless.



HEALTH & NUTRITION SERVICES

The Head Start emphasizes the importance of early identification of health needs, which, if undetected or left untreated, may cause learning difficulties. The program makes every effort to ensure that our students are connected to a doctor or clinic in order to receive a complete age-appropriate health assessment as recommended by his/her physician. Health screenings are performed throughout the school year and parents are notified when screenings are scheduled and receive copies of the results. Within 45 days from the first day of attendance, all students are screened and assessed in the following areas: Developmental, Behavior, Vision, Hearing, Dental and Nutrition. Head Start and Child Care children receive breakfast, lunch and snack during program hours. Students receive three-quarters of their daily nutritional requirements while attending school.

2022/2023 Head Start Health Statistics

- 100% of children established a medical home
- 72% were seen at the Redding Rancheria Tribal Health Center, 28% were seen by other providers
- 100% of children had immunizations records on file by the end of the school year
- 79% of children established a dental home, receiving an initial dental exam
- 2 children were diagnosed needing additional urgent dental treatment
- 100% of children received developmental screenings
- 100% of children received nutrition screenings
- 100% of children received hearing screenings
- 100% of children received vision screenings



2022/2023 Child Care Health Statistics

- 94% of children established a medical home
- 82% were seen at the Redding Rancheria Tribal Health Center, 18% seen by other providers
- 88% of children had immunizations records on file by the end of the school year
- 71% of children established a dental home, receiving an initial dental exam
- 1 children were referred for urgent dental needs
- 88% of children received developmental screenings
- 100% of children received nutrition screenings
- 100% of children received hearing screenings
- 100% of children received vision screening



DISABILITIES & MENTAL HEALTH SERVICES

Children with disabilities or mental health concerns are encouraged to participate in program services. Speech and Language services was the most frequently identified special education need. Appropriate accommodations, enhancements, and support is provided as needed for each child. We collaborate with Redding Rancheria Tribal Health center to supply counseling services to our students here at school once a month. This school year there was a significant amount of interest for children to gain access to counseling. Families also typically see a provider additionally at the Health Center.

2022/2023 Head Start Disabilities Statistics

- 10 children had IEPs indicating that they qualified to receive special education services
- 8 children received IEPs prior to enrollment
- 2 children received IEPs during Head Start enrollment
- 0 children with 504 Plan
- 100% of those children transitioning to Kindergarten with IEP's were connected to further services



2022/2023 Head Start Mental Health Statistics

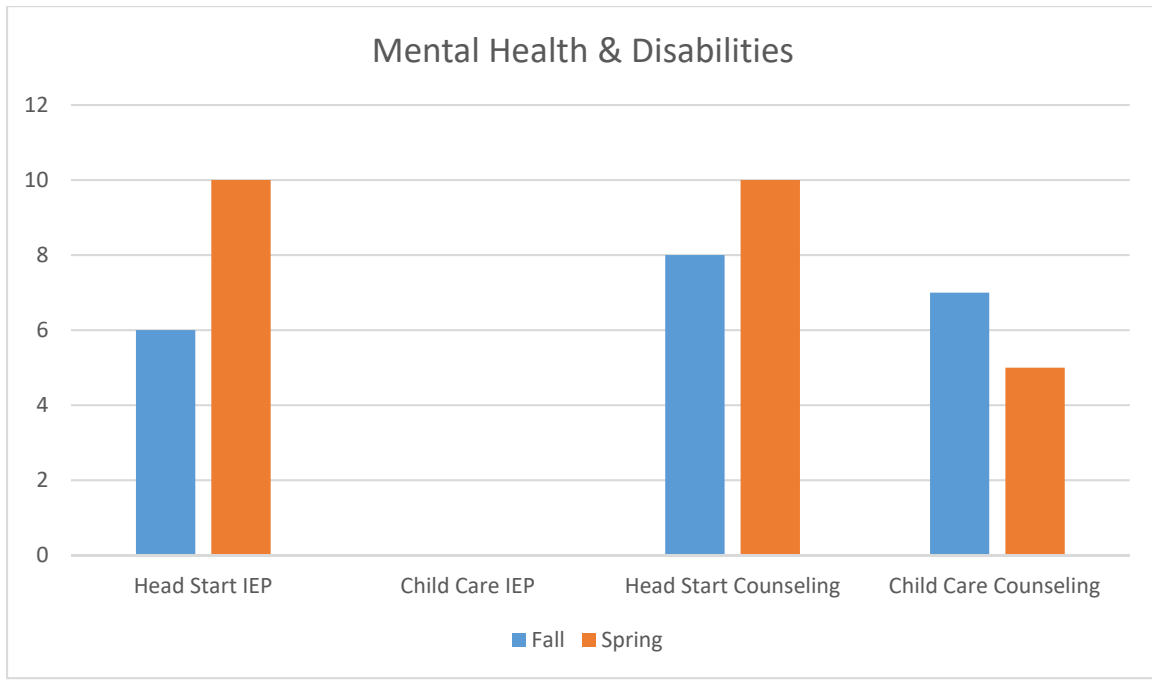
- 10 Head Start children receive RRTHC counseling services at school
- 3 Head Start children with a Child Support Plan

2022/2023 Child Care Disabilities Statistics

- 0 children had IEPs indicating that they qualified to receive special education services
- 0 children received IEPs prior to enrollment
- 0 children received IEPs during Child Care enrollment
- 0 of children with 504 Plan

2022/2023 Child Care Mental Health Statistics

- 5 Child Care children receive RRTHC counseling services at school
- 4 Head Start children with a Child Support Plan



FAMILY ENGAGEMENT

Family engagement is a vital component in the structure and function of the Head Start and Child Care programs. A strong relationship between families and Head Start staff is essential to promoting healthy child development and positive learning outcomes. We value parents in our program and encourage involvement in a variety of ways including, program governance, program planning, curriculum development, child homework, and personal development.

Parent Committee

One of the program's primary goals is to help families participate in their child's education as well as in their own personal growth and development. All of our parents are a part of our "Parent Connection" Parent Committee where monthly education, trainings and resources are provided. This year the program provided ten parent-child interactive Parent Connection Meetings with different themes. These workshops provide a great environment where families can come together to learn and support each other.



Parent Involvement Activities

- 6 Head Start parents were members of the Head Start Policy Council and 3 Child Care parents served as Community Partners.
- 10 "Parent Connection" meetings were held throughout the year, providing opportunities for parent education and feedback. These included Kinder Readiness, Nutrition, Self-Care, Attendance, Budgeting, Car Seat Safety, Knowing your IEP, Triple P, Harvest Feast, and Water/Fire Safety.
- 9 Parent Involvement activities were held during the school year including: Week of the Young Child, Family Culture Week, Mother's Day Tea, Fathers Day Campout, Dad's and Donuts, Moms and Muffins, The Pumpkin Patch, Box Car Build, and Present Wrapping
- Nearly 100% of parents participated in monthly special events including Box Car Race, Stick Horse Rodeo and Graduation.

Family Services- Head Start

- 2 families requested and received emergency/ crisis services
- 9 family requested and received housing services (homeless)
- 1 family requested and was assisted with adult education
- 1 families requested and received employment services
- 4 families received parenting education
- 17 families were assisted with gas vouchers/ transportation assistance
- 3 families were given utilities assistance
- 10 families were given food assistance
- 0 families received child care referral assistance
- 2 families received clothing assistance
- 59 Family Goals were written/ 25 were met
- 38 families participated in Reading Rocks



Family Services- Child Care

- 0 of families requested and received emergency/ crisis services
- 0 of families requested and received housing services (homeless)
- 0 of families requested and were assisted with adult education
- 2 of families requested and received employment services
- 1 families received parenting education
- 5 families were assisted with gas vouchers/ transportation assistance
- 0 families were given utilities assistance
- 8 families were given food assistance
- 1 families received child care referral assistance
- 7 families received clothing assistance
- 30 Family Goals were written/ 5 were met
- 26 families participated in Reading Rocks

COMMUNITY PARTNERSHIPS

Cascade Union School District

SELPA

Redding Rancheria Tribal Health

California Highway Patrol

First 5 Shasta

**NATTA- Native American Training & Technical
Assistance**

Far Northern Regional Center

TANF

Cal Works

LIFE Center

Tribal Child Care Association of California

Bridges to Success

Help Me Grow

Local Child Care Planning Council

**CAAEYC (California Association of the Education of
Young Children)**

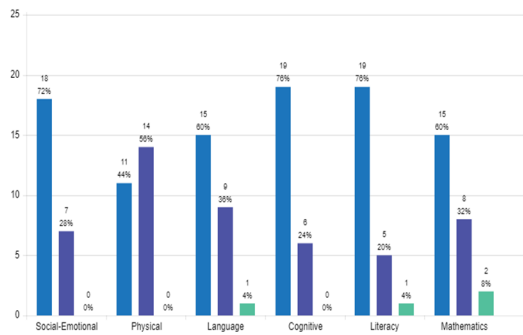
Shasta County ECE Advisory Board

SCHOOL READINESS

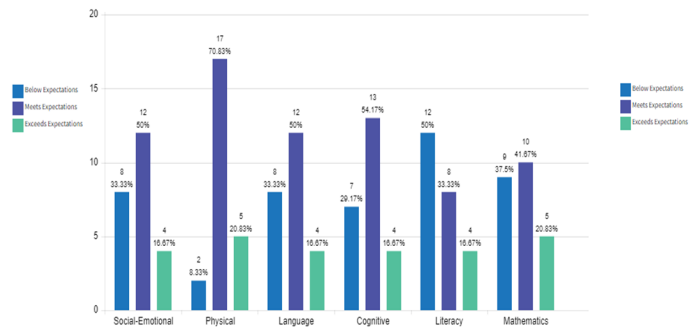
The Redding Rancheria Head Start and Child Care prepares children with the skills they need to have a successful transition into kindergarten and beyond. We achieve this by establishing school readiness goals that are age and developmentally appropriate. It is our goal to improve student equity and access to high-quality education. Our teachers are our greatest asset in providing the highest quality of education. School Readiness Goals are centered on social/emotional development, cognition, language and literacy, physical health and motor development. Our teachers are dedicated to providing a quality program for students and families.

Children are assessed three times per year using Teaching Strategies.

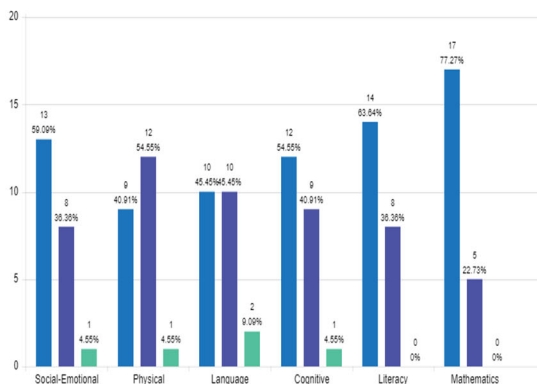
Fall 2022-2023 - 3 year olds:



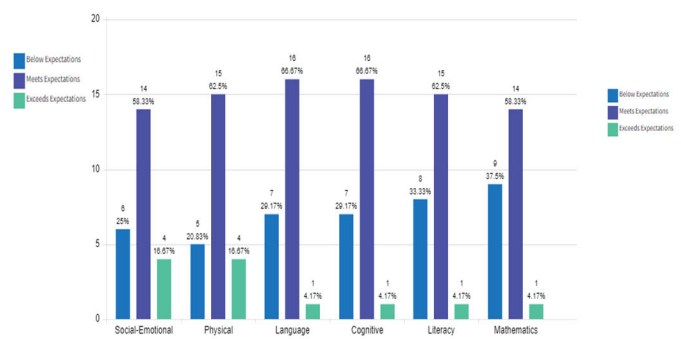
Spring 2022-2023 - 3 year olds:



Fall 2022-2023 - 4 year olds:



Spring 2022-2023 - 4 year olds:



CLOSING STATEMENT

Head Start is committed to giving every child, regardless of circumstances at birth, an opportunity to succeed in school and in life. Since its inception, Head Start has improved the lives of more than 32 million children and their families. Head Start is the place where, at an early age, children can acquire a life-long love of learning. The result for those children and families enrolled is that they became the focus of involved parents and many caring professionals. Children's developmental needs were identified and met; families were assisted in goal setting and managing emergencies. The Redding Rancheria Head Start program provided comprehensive parent education opportunities. On June 8, 2023, 27 students in the Head Start and Child Care successfully moved on to Kindergarten or Transitional Kindergarten. The goal of the Redding Rancheria is to support parents as educators of their children, and to assist in helping students meet their school readiness goals. These goals were achieved.

