



Redding Rancheria Head Start & Child Care

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COVID-19 SAFETY PLAN

(updated 7/26/21)

** This is a fluid situation. We will keep you updated as changes are made. We communicate regularly with local authorities and the CDC on recommendations to determine local disease levels in our community.

Access to Head Start & Child Care Facilities

- Unvaccinated individuals must not enter the workplace if they have symptoms of COVID-19 or have been identified by public health as a close contact of a person with a confirmed case of COVID-19.
- Fully vaccinated individuals who are exposed to Covid-19, do not have to isolate if they have no symptoms. If they do have symptoms, then they must also isolate and monitor those symptoms.
- Signage is posted at entrances to remind people not to enter the site if they have symptoms associated with COVID-19.
- Students and staff may return without a doctor's note after 3 days with no symptoms, without using symptom reducing medication.
- Staff are trained about the symptoms associated with COVID-19 and the protocols in place in the event that a child becomes ill while at the facility.
- Standing thermometer scanner will be stationed at the front gate and in the main office and all individuals will temp in on arrival, screening questions are posted for self-evaluation.
- Unvaccinated individuals are asked to mask on campus at all times.

Child Pick Up & Drop Off

- At drop off all individuals will hand sanitize, temp in and review screener questions.
- Parents will sign child in at the main office.

Hand Hygiene and Respiratory Etiquette

- Hand washing, hygiene and respiratory protocols established for everyone.
- Hand hygiene stations at the gate and the entrance to each building. Alcohol-based hand sanitizer stations are provided where a sink is not available. Handwashing sinks are located inside each classroom and in all adult and child bathrooms, as well as on the playground.
- Staff are required to wash their hands regularly throughout the day, including:
 - When they arrive at the workplace and before they go home
 - Before and after handling food (raw, cooked or pre-packaged), preparing bottles or feeding children
 - Before and after giving or applying medication or ointment to a child or self
 - After changing diapers
 - After assisting a child to use the toilet
 - After using the toilet
 - After contact with body fluids (e.g., runny noses, spit, vomit, blood)
 - Before and after placing personal protective equipment
 - After cleaning tasks
 - After handling garbage
 - Whenever hands are visibly dirty
- Support children to wash their hands regularly throughout the day, including:
 - When they arrive at the workplace and before they go home

- Before and after eating and drinking
- After a diaper change
- After using the toilet
- After playing outside
- After handling pets and animals
- After sneezing or coughing
- Whenever hands are visibly dirty
- Education and direction provided to workers and children to:
 - Cough or sneeze into their elbow sleeve or a tissue.
 - Throw away used tissues and immediately perform hand hygiene.
 - Not touch their eyes, nose or mouth with unwashed hands.

Physical Distancing

- Unvaccinated staff will maintain social distancing and wear a mask at all times. Fully vaccinated staff do not have to social distance or wear a mask.
- Children will utilize outdoor classroom whenever possible.
- We will adhere to the principle of physical distancing where possible, by:
 - Minimizing the frequency of direct physical contact with children.
 - Forming a number of separate play areas in order to space children apart. Note that children who live in the same home do not need to maintain physical distance from each other.
 - Creating smaller groups of children and keeping these groups separate from each other.
 - Minimizing the number of different workers that interact with the same child or group of children.
 - Organizing nap areas to space children 3 feet apart and placing children head-to-toe or toe-to-toe.
 - When available, we will use outdoor space for various activities, including snack/meal time, while adhering to physical distancing and hygiene principles.

Cleaning & Disinfecting

- Toys are removed from the workplace that have surfaces that are not easily cleaned, such as plush stuffed animals.
- Personal comfort items (e.g., blankets, stuffed animals) must remain at the school and not go back and forth between home and school.
- No book bags, food or other items will be brought into the school.
- The Redding Rancheria Public works dept. has developed and implement a cleaning and disinfection schedule and procedures in accordance with the CDC.
 - General cleaning and disinfecting of the workplace will occur at least once a day.
 - Frequently-touched surfaces should be cleaned and disinfected at least twice a day.
- Toys and objects that children have placed in their mouths will be set aside, in a “to be washed” bin, until they are cleaned and disinfected.
- Cots will be disinfected after each use, blankets and sheets will be laundered twice weekly. Students will not share these items.
- Diapering stations will be cleaned and disinfected after each use.
- Use of drinking fountains will be suspended. Each child will be given a reusable, personal water bottle to keep at school which will be sanitized regularly.
- ZONO sanitizing system will be used on a regular basis.
- Garbage containers will be emptied daily at a minimum.
- We will maintain an adequate supply of cleaning and disinfection products and materials.
- The bus will be cleaned and disinfected daily and between transporting students.

- The air filters and filtration system is updated to ensure optimal air quality.
- We limit sharing of supplies and equipment (e.g., pens, telephone, tablets, computer mouse) between staff and students.
- We will provide adequate amounts of high touch materials, such as art supplies, in order to minimize sharing between children.

Use of Personal Protective Equipment (PPE) & Testing

- Personal protective equipment, such as masks or face shields, will be worn by all individuals at all times when they are in contact with children or parents/ caregivers. Children are not required to wear masks. It is however recommended by the CDC to have children above the age of 2 years old wear face coverings while inside public spaces and near other people to reduce the spread of respiratory droplets from coughs and sneezes. Staff will encourage children to wear masks during school at parent/ caregiver request.
- Fully vaccinated individuals do not need to wear masks.
- Staff will wear disposable gloves when cleaning body fluids (e.g., runny nose, vomit, stool, urine) and when diapering.

Meals & Snacks

- No sharing of food or drink allowed by staff or children.
- No self-serve and family-style meal service. Snacks and meals will be provided directly to children in individual servings.
- Children are not allowed to participate in food preparation.
- No food provided by parents and caregivers.
- Food service worker will wear gloves and mask when preparing and handling food.
- Dishware, glasses, and utensils will be cleaned and sanitized after each use.

When there is a confirmed Covid-19 case at school:

We will coordinate with local health officials. Once learning of a COVID-19 case in someone who has been in the school, we will immediately notify local health officials. These officials will help administrators determine a course of action for their program.

Communicate with staff, parents, and students. We will coordinate with local health officials to communicate dismissal decisions and the possible COVID-19 exposure through one call, phone calls, email and Class Dojo.

- We will maintain confidentiality of the student or staff member as required by the Americans with Disabilities Act and the Family Education Rights and Privacy Act.

Clean and disinfect thoroughly.

- Close off areas used by the individuals with COVID-19 and wait as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets. Open outside doors and windows to increase air circulation in the area. If possible, wait up to 24 hours before beginning cleaning and disinfection.
- Cleaning staff will clean and disinfect all areas used by the ill persons, focusing especially on frequently touched surfaces.

Make decisions about extending the school dismissal. Temporarily dismissing child care programs and K-12 schools is a strategy to stop or slow the further spread of COVID-19 in communities.

- During school dismissals (after cleaning and disinfection), child care programs and schools may stay open for staff members (unless ill) while students stay home. Keeping facilities open: a) allows teachers to develop and deliver lessons and materials remotely, thus maintaining continuity of teaching and learning; and b) allows other staff members to continue to provide services and help with additional

response efforts. Decisions on which, if any, staff should be allowed in the school should be made in collaboration with local health officials.

- Child care and school administrators will work in close collaboration and coordination with local health officials to make dismissal and large event cancellation decisions. School dismissals and event cancellations may be extended if advised by local health officials. The nature of these actions may change as the local outbreak situation evolves.
- Administrators should seek guidance from local health officials to determine when students and staff should return to schools and what additional steps are needed for the school community. In addition, students and staff who are well but are taking care of or share a home with someone with a case of COVID-19 should follow instructions from local health officials to determine when to return to school.

We will implement strategies to continue education and related supports for students.

- Ensure continuity of education and special education through distance learning.
- Consider alternatives for providing essential medical and social services for students.

If Someone Becomes Sick at School

- Staff and students will be monitored throughout the day for signs of illness; send home students and staff with a fever of 100.4 degrees or higher, cough or other COVID-19 symptoms.

- Most common COVID-19 symptoms include:

- Fever
- Dry cough
- Tiredness

Less common symptoms:

- Aches and pains
- Sore throat
- Diarrhea
- Conjunctivitis
- Headache
- Loss of taste or smell
- a rash on skin, or discoloration of fingers or toes

Serious symptoms:

- Difficulty breathing or shortness of breath
- Chest pain or pressure
- Loss of speech or movement

On average it takes 5–6 days from when someone is infected with the virus for symptoms to show, however it can take up to 14 days.

- Policies will not penalize students and families for missing class due to illness.
- The Health & Disability Coordinator's office will be utilized as a quarantine space in the event of an ill child or staff member until arrangements are made to go home. They will not be in contact with any other students at this point.
- For serious injury or illness, we will call 9-1-1 without delay and seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face.
- Local health officials, staff and all families will be notified immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws.
- Areas used by any sick person will be closed off for cleaning and disinfection.
- Unvaccinated staff members and students will not return until they have completed 10 days of isolation. This is ten days plus improved symptoms with no fever for 24 hours prior to return without the use of medications like Acetaminophen or Motrin to reduce their fever.
- Vaccinated staff with no symptoms do not have to isolate even if they had a known exposure. Vaccinated staff with symptoms would be required to have 10 days of isolation.

- All students, including students with IEP's, will have access to instruction when out of class such as, continuing online speech services, providing Learning Tablets as availability allows, homework packets and communication through Class Dojo.

Considerations for Partial or Total Closures

- 1) Check State and local orders and health department notices daily about transmission in the area or closures and adjust operations accordingly. Check State and local orders and health department notices daily about transmission in the area or closures and adjust operations accordingly. We will coordinate with local public health officials and Redding Rancheria Executive Team to determine a course of action.
 - When a student, teacher or staff member tests positive for COVID-19 and had exposed others at the school, refer to the CDPH Framework for K-12 Schools, and implement the following steps: In consultation with the local public health department, the appropriate school official may decide whether school closure versus cleaning and quarantine of exposed persons or other intervention is warranted, including the length of time necessary, based on the risk level within the specific community as determined by the local public health officer.
 - We follow State and local orders and health department notices daily regarding transmission in the area or closures and adjust operations accordingly.
 - Communication plans for school closure include outreach to students, parents, teachers, staff and the community.
 - We will continue education to the greatest extent possible through distance learning with the use of homework packets, Class Dojo App, Hatch Preschool Curriculum Tablets, and Talk Path speech services.